



# The LeeShore Lighthouse



A Quarterly Publication of The LeeShore Center  
<http://www.alaska.net/~leeshore/>

*Services for Victims of Domestic Violence and Sexual Assault  
Support for the Central Peninsula's Families*

## SPECIAL POINTS OF INTEREST:

- Boy Scouts lend a helping hand
- LeeShore Wish List
- Upcoming Events
- Class Schedule
- LeeShore Clothes Closet

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The Crisis Line is available 24 hours  
**283-7257**

Office hours for  
The LeeShore Center  
Monday - Friday  
9 am - 5 pm.  
283-9479 phone  
283-5844 fax



## April is Sexual Assault Awareness Month

April has been designated as Sexual Assault Awareness Month in the United States. The goal is to raise awareness about sexual violence and to educate people and communities on how to prevent sexual violence. Sexual assault is unwanted sexual contact, including rape, attempted rape, and child sexual abuse. It can affect people of any age, gender, ethnicity, sexual orientation or ability. According to the National Violence Against Women Survey perpetrators of sexual assault can be friends, acquaintances, family members, or strangers. Working together, we can raise awareness and help prevent sexual assault.

To learn more join us for our bi-annual Community Awareness Workshop to be held April 18 - 22. Learn about Domestic Violence and how it effects children, Cycle of Violence, Sexual Assault, Victim Services and much more. This 45 hour class will be held at The LeeShore Center. The \$35 class fee includes all workshop materials and snacks. A break will be provided daily for lunch off-site.



LeeShore's community meeting room

## April is Child Abuse Awareness Month

It can be difficult to recognize when a child is being abused. Learning the signs below and talking about them is the first step in breaking the pattern of violence that hurts us all.

- Unexplained injuries. Visible signs of physical abuse may include unexplained burns or bruises in the shape of objects.
- Changes in behavior. Abused children often appear scared, anxious, depressed, withdrawn or more aggressive.
- Changes in eating or sleeping. Stress, fear and anxiety caused by abuse may result in weight gain or loss and they may have nightmares or appear tired or fatigued.
- Lack of personal care or hygiene. Abused and neglected children may appear uncared for.

(source: [www.joyfulheartfoundation.org/childabuse\\_signsofabuse.htm](http://www.joyfulheartfoundation.org/childabuse_signsofabuse.htm))

The LeeShore Center is proud to be a United Way agency.





*She suggested  
The LeeShore  
Center because  
she is aware of  
the women and  
children in  
shelter..to be a  
worthy cause*

*Our commu-  
nity is blessed  
to have such  
caring  
individuals!*

## Boy Scouts lend a helping hand

A local student from Soldotna High School wanted to earn the Distinguished Eagle Scout award while helping mom's in our emergency shelter and Transitional housing facility get a much needed break. Matthew Peterson needed a project showing leadership and hard work and had to devote 40 hours to earn the Distinguished Eagle Scout award. He asked his mom for guidance and she suggested a project

with The LeeShore Center would be a worthy cause. Matthew along with Johnathon Kreider, Leah Garske, Wade Peterson, Trevor Earll, Josh Clay, Christina Smith, Sydney Gogia, Zachary Pickard, Skylar Pickard, Lane Kreider, and Taylor Forbes came to LeeShore and provided resident children craft projects to give their moms for Christmas.

Everyone had a wonderful time and moms really enjoyed

the great gift that her own child made. We are so thankful to have such wonderful and caring people in our community. You really do make a difference!

The Distinguished Eagle Scout Award was established in 1969 to acknowledge Eagle Scouts who have distinguished themselves in business, professions, and service to others.

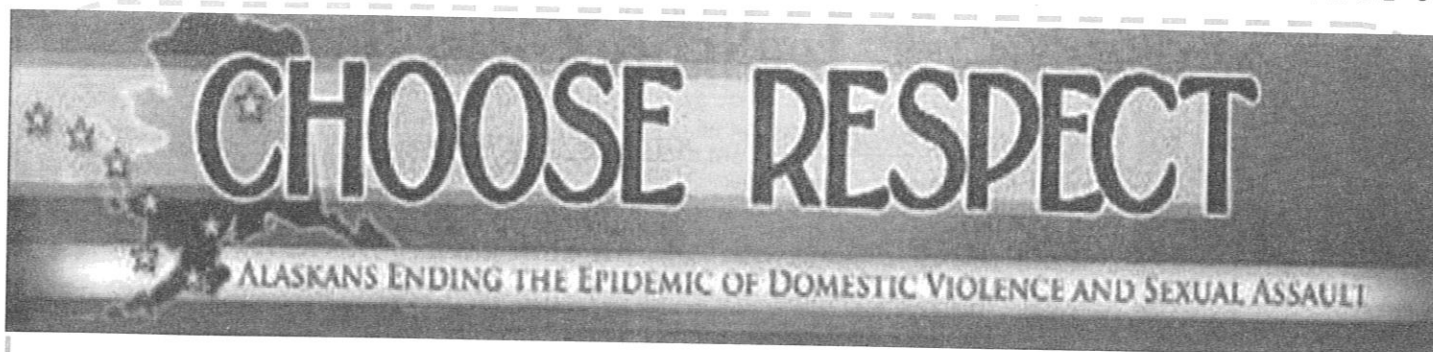
Congratulation  
Matthew!

## Shop with a Fire Fighter

The LeeShore Center would like to express our deepest thanks to the Soldotna Fire Department for providing a "Shop with a Fire Fighter" activity for the children residing at our Transitional Living Center facility. The children were met by Soldotna firemen at a local business and were provided money to purchase special gifts for family members. The kids had such a wonderful time!

We also appreciate Soldotna Fire Department arranging transportation for the activity as well as coordinating "gift wrapping" help with a local church. Our community is blessed to have such caring individuals!

Thank you for helping make this a memorable holiday for the children and their families!



**The LeeShore Center  
cordially invites you to join us for an  
“Alaskans Choose Respect”  
Awareness Event**

in support of Governor Sean Parnell’s  
“Alaskans Choose Respect” initiative and  
state-wide efforts to raise awareness of  
domestic violence and sexual assault.

**Thursday, March 31, 2011  
noon to 2:00 p.m.**

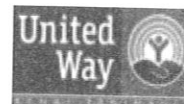
We will meet at the Kenai gazebo (Leif Hansen Park)  
at noon and walk to the  
Kenai Visitors & Cultural Center.

*Refreshments will be served.*

for more information call: **283-9479**



*The LeeShore Center is proud to be a United Way agency*





Abuse and neglect of older persons is under recognized or treated as an unspoken problem.



# LeeShore's Wish List

## HOUSEHOLD PRODUCTS

Liquid dish detergent Toilet Paper  
Laundry Soap Mops  
Paper Towels Brooms  
Dryer Sheets Color Safe  
Comforters Bleach  
Towels / Washcloths Pillows  
Twin Sheets / Twin Mattress Pads

## Miscellaneous

Diapers / Pull ups Baby Wipes  
Phone Cards Gas cards  
Alarm clocks Batteries  
Gift Certificates (haircuts, etc.)

## KITCHEN / COOKWARE

Dishes Pots and Pans  
Glassware Baking Dishes  
Kitchen Towels Coffee Mugs  
Food Storage Containers

## FOOD ITEMS

Rice / Beans Flour / Sugar  
Turkey / Ham Dry Soup Mix  
Baby Food Formula  
Coffee / Tea / Creamer

## TOILETRY ITEMS

Combs / Brushes Body Lotion Shampoo  
Toothpaste / Toothbrush Q-Tips Conditioner  
Tampons & Pads Hand Cream

## CLOTHING (ADULT, TEEN, & CHILDREN)

Hats Gloves Scarves Socks Underclothes  
Boots Shoes Coats Sleepwear Slippers Robes

## World Elder Abuse Awareness Day

Mark your calendars! World Elder Abuse Awareness Day is June 15th. Each year, hundreds of thousands of older persons are abused, neglected, and exploited. Elders lose an estimated \$2.6 billion or more annually due to financial abuse; funds that could help pay for basic needs such as medical care. It is estimated that only about one of five crimes is ever discovered. The first Awareness Day was in 2006 and involved hundreds of organizations and

governmental bodies in every continent in the world. Abuse and neglect of older persons is under recognized or treated as an unspoken problem. Research shows that public education campaigns like World Elder Abuse Awareness Day are important for informing people about elder abuse and involvement of the media is crucial to its success. Raising awareness of mistreatment of older persons is an ongoing effort, not limited to one day. Visit the "Join Us in

the Fight Against Elder Abuse" section of the National Center on Elder Abuse (NCEA) website for information and activities. Whether the effort is great or small, once a year or throughout, all of these efforts empower us to make long-lasting differences in the lives of vulnerable elders. For a report of harm for the protection of vulnerable adults call 1-800-478-9996.

(source: [www.inpea.net](http://www.inpea.net) and [www.aoa.gov/AoARoot/AoA\\_Programs/Elder\\_Rights/EA\\_Prevention/weaad.aspx](http://www.aoa.gov/AoARoot/AoA_Programs/Elder_Rights/EA_Prevention/weaad.aspx))

## The Kenai Peninsula Piecemakers have done it again!

On an annual basis, The LeeShore Center is the beneficiary of beautiful handmade quilts the Kenai Peninsula Piecemakers work hard on all year round. The quilts are given to children residing in our emergency shelter and transitional housing facilities. This year the Kenai Peninsula Piecemakers donated 113 quilts, in addition to pillow cases and car seat quilts. In gratitude, we'd like to thank Elsie Albertson, Jeneane Benedict, Judy Buffington, Susan Bible, Sue Bowen, Myrna Davidson, Jean Douglas, Margaret Goodman, Ruth Gillespie, Sheila Holtzen, Pat Kisse, Donna Tomlinson, Sally Waechtler, Betty West, Ruby Windsor and Kenai Fabric Center. We are deeply touched by your continued support and generosity!



## THE LEESHORE CENTER Community Survey 2011

The LeeShore Center provides a variety of services for residents on the Kenai Peninsula. It is important that the services we provide meet the needs of the public we serve. Therefore, we would appreciate your time in completing this anonymous questionnaire. Your responses will be kept confidential, and will greatly assist us in planning for the future of LeeShore. **Information on where to return the survey is on the bottom of the back page.**

1. What is your gender?
 

☐ M    ☐ F
  
2. What is your age?
 

☐ Under 18    ☐ 18-25    ☐ 26-35    ☐ 36-45    ☐ 46-55    ☐ Over 55
  
3. In which community do you reside?
 

☐ Kenai                      ☐ Nikiski                      ☐ Sterling  
☐ Kasilof                    ☐ Soldotna                   ☐ Other \_\_\_\_\_
  
4. Which of the following LeeShore services are you aware of?
 

☐ Emergency Shelter (for victims of domestic violence and sexual assault)  
☐ Transitional Living Center (transitional housing for homeless victims of domestic violence/sexual assault)  
☐ 24-Hour Crisis Hotline  
☐ Walk-in Crisis Intervention & Advocacy  
☐ Court-based Legal Advocacy  
☐ Community Support Groups  
☐ Youth-based Violence Prevention Education  
☐ Community Awareness Workshops on Domestic Violence & Sexual Assault  
☐ Batterer's Intervention Program  
☐ Child Care Assistance Program
  
5. Do you believe that domestic violence is a problem on the Kenai Peninsula?
 

YN

☐    ☐
  
6. Do you believe sexual assault is a problem on the Kenai Peninsula?
 

☐    ☐
  
7. Do you know someone who is currently a victim of domestic violence?
 

☐    ☐
  
8. Do you know someone who has been a victim of sexual assault within the past year?
 

☐    ☐
  
9. Which of the following LeeShore services have you had contact with?  
**Please mark all that apply**

☐ Emergency Shelter  
☐ Transitional Living Center  
☐ 24-Hour Crisis Hotline  
☐ Walk-in Crisis Intervention & Advocacy  
☐ Court-based Legal Advocacy  
☐ Community Support Groups  
☐ Youth-based Violence Prevention Education  
☐ Community Awareness Workshops on Domestic Violence & Sexual Assault  
☐ Batterer's Intervention Program  
☐ Child Care Assistance Program
  
10. In what capacity? I was a....
 

☐ Client  
☐ Employee or Volunteer  
☐ Legal Professional  
☐ Social Services Professional  
☐ Citizen

☐ Donor/Contributor  
☐ Law Enforcement Professional  
☐ Medical Professional  
☐ Vendor/Contractor/Business  
☐ Other \_\_\_\_\_

*Please continue on back side.....*

Rate the following items using the scale below:

E= Excellent VG= Very Good G= Good F= Fair P= Poor

- |  | E                     | VG                    | G                     | F                     | P                     | Don't know            |
|--|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| 11. Interaction with LeeShore staff?             | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 12. The respect with which you were treated?     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 13. Effectiveness of LeeShore's services to you? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

How important are the following programs currently provided by LeeShore?

ES= Essential VI= Very Important IM= Important SI= Slightly Important NI= Not Important

- |  | ES                    | VI                    | IM                    | SI                    | NI                    |
|--|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| 14. Emergency Shelter  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 15. Transitional Living Center   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 16. 24-hour Crisis Hotline   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 17. Walk-in Crisis Intervention & Advocacy                             | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 18. Court-based Legal Advocacy   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 19. Community Support Groups   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 20. Batterers Intervention Program                                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 21. Child Care Assistance Program                                      | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 22. Community Awareness Workshop on Domestic Violence & Sexual Assault | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 23. Youth-based Violence Prevention Education                          | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 24. Does LeeShore effectively communicate its services to the public?  | Y                     | N                     |                       |                       |                       |
| 25. We welcome your comments!  |                       |                       |                       |                       |                       |

Thank you for your participation!

Please drop off, fax or mail completed survey by March 31, 2011 to:

The LeeShore Center,  
Attn. Executive Director  
325 S. Spruce St., Kenai, AK 99611

Fax: 283-5844



## Upcoming Events

March 31 Alaskan's Choose Respect Awareness Event

April 15 Volunteer Appreciation Tea

April 18 - 22 Community Awareness Workshop

August 13 24th Annual Kenai Peninsula Run for Women

### Office Closures:

March 28

May 30

July 4

## Class Schedule



Tuesday - Changing Patterns 1:00 - 3:00

An educational support group for women experiencing negative emotional patterns in their daily lives, which may be due to victimization (domestic violence/sexual assault) or substance abuse.

Thursday - Parenting for Women 1:00 - 3:00

An educational support group focusing on child development, logical and non-violent consequences for behavior and how to be a kind, yet firm parent.

Friday - Domestic Violence Support Group 1:00 - 3:00

The group is for women who are currently in an abusive relationship or who have experienced domestic violence in the past.

There is a \$5.00 fee for each class; however, fee waivers are available.

Contact The LeeShore Center at 283-9479.

## Thank You For Your Support and Donations

Era Alaska, Foot Flare N wear, Kenai Veterinary Hospital, Nikiski Methodist Church, Peninsula Medical Center, Soldotna United Methodist Church, TCC The Cabinet Company, United Methodist Church of the New Covenant, United Methodist Women, Walmart, A.K. Custom Meats, Affinity Salon, Alyeska Tire, Barbara Waters, Bliss Hair Design, Blockbuster Video, Body Mind and Spirit, Kluge & Associates, Cheri Smith, Cold Stone Creamery, Country Liquor, Country Stitches, Curves for Women, Daniel Tank, Debi Kimbrell and Jessica Seymour, Debra Carpenter, Don Jose's Mexican Restaurant & Cantina, Donna Handley, Dr., Jerry Hu, Duck Inn, Encore Dance Studio, Fine Thyme Restaurant, Brandon Maes Guided Fishing, Frames 'n Things, Golden International Restaurant, Grant Aviation, Great Northern Video, Greg Daniel's Photography, Haircutters, Jazmin's Hair Design, TDS Construction, Karlene's Day Spa, Katrina Carpenter, Kenai Aviation, Kenai River Purse Company, Kenai Watershed Forum, Koob Chiropractic, Laone Benton, Libby Berezin, Lois Solberg, Lori Seymour, Manny's Driver Education, Marge Hays, Northern Force Fitness, Paradisos Restaurant, Patty Dorband, Peninsula Athletic Club, Performing Arts Society, Penny McLain, Phormation, Pizza Hut, Radio Shack, Renewal Skin Care, River City Books, Russian Orthodox Church Gift Shop, Sedona Florist, Selia Butler, Safeway-Soldotna, Snug Harbor Fish Processing, Soldotna Professional Pharmacy, Sterling Needle, Summit Cleaners, Susan's Bath & Body, Yasha Crouse, Sue Seggerman, Tawney Jones, Tom Wagoner, Yvonne Gasset



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Click.  
Give.

PickClickGive.org